P/EI MENTAL HEALTH TRAINING

Do you want to...

- Learn how to increase the effectiveness of your program?
- Maximize the potential of your current coalition?
- Work more effectively with representatives from diverse disciplines?
- Learn how to identify the key players that may be missing from your coalition?
- Practice tools that address sustainability?
- Apply effective strategies that target the full range of prevention?

...then Prevention Institute, a national leader in the field of prevention, has the training for you!

Prevention Institute is pleased to offer a SAMHSA-sponsored training series for all Prevention/Early Intervention (P/EI) grantees. Available only to P/EI grantees, this unique training opportunity focuses on Prevention Tools for Effectiveness & Sustainability. Building on the successes and credibility of the P/EI programs, Prevention Institute provides the tools and resources necessary to plan broader system-wide activities that support desired program outcomes while building ongoing program support. Prevention Institute has a long track record in helping to increase the effectiveness of groups working in the field of prevention by offering tools designed to promote comprehensive strategies and effective collaborations.

All programs face the issue of promoting effectiveness and sustainability. Although sustainability is often conceptualized primarily as an issue of securing ongoing funding, it also includes sustaining program outcomes by:

- increasing provider capacity,
- supporting systems changes that support programmatic goals, and
- generating community-wide norms change to support mental health programs and their outcomes.

Prevention Institute will provide trainings on three tools: Spectrum of Prevention, Eight Steps to Effective Coalition Building, and Collaboration Math. These tools promote program effectiveness and sustainability by enabling organizations to identify and prioritize key efforts that are most promising for ongoing effectiveness and sustainability and by helping communities identify and focus on the kinds of changes -- in the organizations, policies, and partnerships -- which can be institutionalized. The tools will support your program efforts and enable you to enhance your implementation and sustainability plans.

This training program is designed to meet the needs of P/EI participants with varying commitment levels. Specifically, it offers a comprehensive and progressive curriculum with sessions that build on each other and provide ample opportunity to build and reinforce knowledge and skills with pre- and post-training assignments. However, it is understood that all participants may not have the time or need to participate in all training sessions or as intensively. Therefore, each component also serves as a stand-alone unit and participants are also welcome one a one-time or less intensive basis. The trainings will be conducted through conference calls and with web-based presentations, making them accessible to all grantees.
LEARNING OBJECTIVES: Prevention / Early Intervention Grantees have the opportunity to participate in training on three tools to promote program effectiveness and sustainability. Upon completion of the three trainings, participants will:

1. Understand sustainability not only in terms of funding but also in terms of capacity, systems change, and norms change;
2. Have strategies and tools to assist in developing community-wide buy-in for and participation in their programs in order to promote sustainability;
3. Be able to develop comprehensive, system-wide activities to develop their programs and promote sustainability.

Training #1: The Spectrum of Prevention: A Multifaceted Tool for Promoting Program Effectiveness and Sustainability

Training #2: 8 Steps to Effective Coalition Building: Harnessing the Power of the Coalition to Increase Program Effectiveness & Sustainability

Training #3: Fostering Sustainability through Interdisciplinary Partnership: Collaboration Math
Live: Friday, April 2, 2004
1-2:30 EST / 10-11:30 PST

Spectrum of Prevention helps expand prevention efforts beyond individual education by promoting a multifaceted range of activities for effective prevention, including activities that can be sustained beyond the funding of a specific initiative. The Spectrum is a framework for a more comprehensive understanding of prevention with six levels of strategy development. These levels address the range of systems and services that ultimately impact individual mental health and other health-related outcomes. Planning along this range ultimately increases sustainability. The Spectrum of Prevention has been used in injury and violence prevention, lead poisoning prevention, physical activity and nutrition promotion, and comprehensive community initiatives.

Eight Steps to Effective Coalition Building guides advocates and practitioners through the process of coalition building, from deciding whether or not a coalition is appropriate to selecting best membership and conducting ongoing evaluation. Coalitions are often a vital way to ensure that a comprehensive strategy is created and sustained. Don't be fooled by the title, Eight Steps to Effective Coalition Building is appropriate irrespective of the stage of coalition work that you are -- from starting anew to revitalizing ongoing work.

Collaboration Math helps practitioners from diverse disciplines work together by enabling them to better understand each other's perspectives and to identify the strengths and gaps in their partnership. This tool is designed to eliminate misconceptions, clarify the benefits of collaborative participation, dictate what needs to be better understood or studied, and identify key players that may be missing. One of the benefits of interdisciplinary collaborations is that it can promote sustainability.

We hope you will join us!!

About Prevention Institute. Founded in 1997, Prevention Institute is a national nonprofit organization dedicated to placing prevention in the center of efforts to improve community
health and well-being. By synthesizing findings from research and practice, the Institute develops and disseminates tools and methods to strengthen and expand prevention efforts. The Institute has extensive experience in providing training to community groups using its own tools to build capacity to strengthen and sustain existing efforts. Specific training topics include violence prevention, nutrition and physical activity, unintentional injury, youth development, and early childhood development. In addition, the Institute’s tools have been used to support efforts in a wide range of prevention areas, from lead poisoning to HIV. The Institute has provided training and technical assistance on sustainability including at regional meetings for all Safe Schools/Healthy Students grantees. The Institute’s experience in mental health promotion includes capturing Prevention/Early Intervention successes through stories for nine sites, and

- Providing national training for the US Department of Education on dealing with trauma in schools with an emphasis on promoting mental health services and partnerships,
- Developing a statewide strategic plan in California to address major health gaps along racial and ethnic lines, including mental health, and
- Developing community resilience assessment tool developed for the federal Office of Minority Health to help communities identify ways in which they can eliminate health disparities and improve community health, including mental health.

For questions about the Prevention Institute and/or the Prevention Tools for Effectiveness & Sustainability training, please contact Sana Chehimi at (510) 444-7738 or sana@63.134.213.124